



Prepare this winter for better golf this summer!

The Golf Studio is the new frontier in golf instruction. Using video analysis, launch monitor tracking and physical conditioning, our team will create a program that will improve your total game. From your swing to your equipment and body the Golf Studio is your starting place for playing better golf.

The Golf Studio Includes:

- 4 hitting bays
- Video recording and launch monitor tracking technology
- Putting area with Tomi Pro putting system
- Optional club storage
- Short game training aids

Winter Coaching Program

\$495
+ GST

- **Unlimited access** to the Golf Studio
- **3 private one-hour lessons** with our CPGA Golf Pro's
- **Titleist Performance Institute (TPI)** physical golf screen and fitness program
- **Driver and Iron Fitting** (Titleist, Ping or Mizuno)
- **Video swing analysis** and **launch monitor tracking**
- **Online lesson review** via Swingpal.com

À la Carte lessons and access available.

Opening December 12th until March 30th, Monday to Friday 11 am to 7 pm, after hours and weekends by appointment only.

Contact **Andrew Donaldson** for details and registration:

andrew.donaldson@marshesgolfclub.com

613 271 3378 • 555 Legget Drive

(behind Brookstreet Hotel)





COACHING PROGRAMS

Winter Program **\$495.00** - Unlimited access to the Golf Studio, 3 private one-hour lessons with our CPGA Golf Professionals, a Titleist Performance Institute physical screen, driver and iron fitting, and swing video analysis.

Golf Season Program **\$1095.00** - Unlimited access to the Golf Studio, TPI Select Functional Movement Analysis and re-exam, 10 hours worth of private instruction, short game test, mental coaching, full equipment assessment and fitting, shot-by-shot game tracking and video analysis.

A LA CARTE (by appointment only)

One Hour Private Lesson	\$95.00
One Hour Tomi Pro Putting Lesson	\$75.00
Wood or Iron club fitting with launch monitor & fitting systems with Titleist, Mizuno or Ping	\$50.00
12 One Hour Practice Sessions	\$150.00
One Hour Practice Session	\$15.00
TPI Select Functional Movement Analysis + Brookstreet Hotel Flex Gym Personal Training session + 10% off Flex Gym Membership purchase	\$150.00

All prices are subject to HST

613 271-3530

The Studio Team
Andrew Donaldson & Sean Joyce - CPGA, TPI Golf Professionals
Dr. Kris van der Veer - TPI Medical Practitioner